Minutes

Royton, Shaw & Crompton; Health and Wellbeing Sub Group

03 July 2018 Shaw Lifelong Learning Centre 4.30pm – 5.20pm

ATTENDEES	
Liz Fryman	R,S & C District Team
Eve Edwards	Community Development Worker
Linda Cain	Caseworker
Councillor J Turner	Crompton
Councillor Clint Phythian	Royton North
Jade Hughes	Macmillan 1-1
Heidi Sutton	Right Start Service
Alison Pywell	Right Start Service
Marie Price	Age UK Salford
Pamela Walls-Hester	North Cluster (Healthy Oldham Ltd)
Andrea Tait	Public Health
Marie Price	Age UK - Salford
APOLOGIES	
Councillor M Bashforth	Royton South Councillor
Councillor H Roberts	Royton North Councillor
Councillor C Gloster	Shaw Councillor
Nicola Shore	Age UK
Amanda Barrell	Making Space
Camilla Guereca	OPAL
Donna Speat	Age UK Oldham
Sarah Crowe	FCHO
Amanda Cawdron	Welfare Rights Service, Oldham Council.
Janette Olsen	Bridgewater NHS
Jenny Bates	TOG MIND
Jackie Hanley	OCLL
Joanne Plumb	
Janet Campbell	Laurel Bank
Angela Broadbent	

8. Welcome, introductions and apologies

LF opened the meeting, thanked those in attendance and apologies were noted.

2. Minutes from previous meeting:

Agreed

3. Updates and matters arising from minutes

No matters arising and all updates on tonight's agenda

4. Nutrition/Hydration for over 65's - Marie Price - AGE UK Salford

- Arm bands as indicators of being under weight
- Booklets full of advice to increase weight
- Food first approach

- Manchester University is doing research, anyone can sign up to this.
- After 12 weeks, if no weight gain, referred to GP or dentist
- In touch with housing providers H21 know about this but have not asked for any training
- Look at private sector care providers, Liz said these would need this the most

Action: Liz Fryman to contact commissioning team for Marie

4a. Thriving Communities update

- Social prescribing Community connector role
- Live coaching role create other support networks
- People like personal connections rather than groups
- Recruit local people Full time role
- Oldham West worker has a little capacity Piloting in Royton, Shaw and Crompton.
- Gp's aware they can refer in to this service
- Employed by Action Oldham Work for practises
- A presence in each surgery would be ideal

5. New Co-op shopping service

- Taxi home with shopping if spending more than £25, for anyone
- Up to 5 miles radius
- Have to be a member of Co-op £1

6. New supervised tooth-brushing scheme in Early years

- New project to be introduced across all Early Years establishments in Oldham from September 2018.
- Working in partnership with Oldham Council and the Oral Health service Greater Manchester Health and Social Care Partnership are funding a 2 year supervised toothbrushing scheme for all Early Years settings.

7. Defibrillator training

- Free course, feedback was very good and well supported
- Can request a course from North West Ambulance any group
- List of local defibrillators No just in case it is not there for any reason
- Defibrillators have to be monitored weekly
- Eve Edwards to advise when next training course is happening

8. Summer activities for children (physical activity)

- Free Summer activities
- Programme funded by Royton, Shaw and Crompton councillors
- Comms posters coming soon

9. Where can I find....in Royton

- Booklet requested by Royton councillors at Community Forum
- Information about reporting potholes, missed bin collections, grass cutting etc.
- Information about parks, libraries and local groups
- Information about support for various things
- Booklet to be adapted for Shaw and Crompton

10. Any Other Business

- Shaw Children's Centre Birthday Party 05 July
- Nicola Shore provided lots of local event information
- Shaw and Crompton Parish Council Friendship Days Tuesdays, 10 1pm

11. Date of Next Meeting

02 October 2018, Royton Town Hall, 4.30pm